



Membership has special advantages

Savings are available to Blue Cross members all across Canada, regardless of your group or individual plan coverage. To take advantage of these savings, simply present your Blue Cross identification card to the participating provider and mention the Blue Advantage program. Here's a summary of Blue Advantage providers, listed by category. For complete details on products and services offered by Blue Advantage providers, visit the Blue Advantage website at www.blueadvantage.ca

Dental

Lapointe Dental Centres	Go to their website and subscribe to redeem this special offer • One free global dental health consultation offered by the professionals (\$250 value) • 10% discount, up to \$500, on any type of treatment offered by the professionals. • No membership fees • * All discounts apply to immediate family members • * All discounts apply to retired employees
Oro Zen	10% off all care and services at regular price.

Fitness/Wellness

AMERISPA	15% off all treatments and packages at regular price.
Curves	50% off Service Fee • 10% off Monthly Dues • Inquire at a Curves near you regarding local participation • New members only. Not valid with any other offer. Valid for one year memberships • Only at participating locations. See club for details.
Energie Cardio	30\$ off the annual membership at Énergie Cardio centre • One-hour session with a personal trainer
Pharmathera	10% on Supports and Braces 10% on Compression Stockings and Garments 10% on Post-Surgery Garments 10% on Wigs and Headwear For Cancer Patients and Alopecia 10% on Daily Living Aids 10% on Luzern and Mary Cohr Professional Skin Care Products 5% on Selected Home Healthcare Products: Mobility Aids Bathroom Safety • Redeem your discount online at www.PharmaThera.com ! Enter at checkout the Promo Code or order by phone at 1888 904-1888. To get the Promo Code, please send a copy of your Blue Cross Card by e-mail at info@pharmathera.com
Serespro	15% discount on initial assessment - Regular physical therapy, pelvic floor Physiotherapy, occupational therapy, speech therapy, psychology and neuropsychology (This discount does not include tutoring and family coaching) • 10% discount - Follow-up services offered after an initial evaluation or • for any regular follow-up requests or home treatments. (This discount does not include tutoring and family coaching) • 5% discount - Tutoring and family coaching, remedial teacher • The following services are available at home in any region of Quebec and at our Montreal office: Tutoring - Speech therapy - Psycho-education - Physiotherapy Occupational therapy – Nutrition – remedial teacher – Kinesiology - Family coaching Psychology and neuropsychology services are only available in Montreal, in our offices.
SpaFinder Wellness	Enjoy 12% off your SpaFinder.com order of \$75 or more. • Code: BLUECRSS12
Urban Poling	15% off all regular retail or sale priced fitness products purchased through the Urban Poling online store.
Wellwise by Shoppers Drug Mart	10% off current regular retail priced merchandise purchased online at www.wellwise.ca • Please use discount code BA10 • Exception: • Subscriptions • We currently do not have an online store specially designed to meet the needs of our shoppers in Quebec, however, we do support orders placed elsewhere in Canada to be shipped to Quebec.

Hearing

HearingLife and National Affiliated Partners	-- 10% off the regular price or limited-time promotional price of select* hearing aids sold at HearingLife and National Affiliated Partners. • -- 50 AIR MILES®; reward miles for completing a hearing test. • -- Up to 1,000 AIR MILES®; reward miles with the purchase of select hearing aids. Reward miles may not be available at all affiliated partner clinics. Please check with your local clinic for details. • -- Member can pass on the savings to a family member, if not using the offer themselves. (Blue Cross ID required at time of sale.) • All hearing aids sold at our clinics come with our exclusive Expert Care Guarantee™; – 3 year product warranty and 3 years of complimentary products and services, such as batteries, cleanings, reprogramming, adjustments, minor repairs, and counseling and advice as needed.
Le Groupe Forget, Audioprothésistes	• Free hearing screening • • 25% on the price of the batteries • • 50% on the price of the batteries for Groupe Forget's Privilege card holders • • 25% on the renewal of the Groupe Forget's Privilege card • • 10% on the price of accessories and repairs • *Offers valid until January 1st 2020. These exclusives cannot be combined with any other offer or promotion and exclude hearing aids covered by a government program. Certain conditions apply, details available in clinic.
Les Centres Masliah Audioprothésistes	FREE - *Screening test • FREE - First consultation • 10% off - Batteries • 20% off - Accessories • 20% off - Cleaning products • 10% off - Customized earplugs • *These offers end December 31, 2019
Medical Equipment & Supplies	
Clinique Sommeil et Santé	CPAP / BiPAP machines: 10% discount up to a maximum of \$100.00 • Polysomnography (Complete in lab or Ambulatory (home)): 15% discount up to a maximum of \$100.00 • Mask / Interface: \$20.00 discount on nasal and \$25.00 discount on full face mask
Diabetes Express Inc.	Free shipping if Member transfers prescription to Diabetes Express Pharmacy • If Member does not transfer prescription, provide free shipping if order is over \$150.00 or Member orders at least two (2) months of prescriptions • Match or beat any price across Canada • Fill all blister packing for Members • Provide newsletter to those Members who have purchased supplies
Entra Health Systems	20% - 70% discount on MyGlucoHealth products • FREE shipping on a minimum order of 100 Test Strips or Starter Kit
Know Your Body Best	15% off retail on these products and services: • Thermophore One Touch by Battlecreek 14" x 27" (Moist Heating Pad CSA approved) • ICE IT Cold Comfort Systems assorted fits • Anti-Flamme Herbal Pain Relief Creme • Kalaya Pain Relieving Rub • Medistick • Thera-Band Products • Acuball and Acuback • IMAK Arthritis Gloves • ObusForme Backrests • Fitball • Bioflex Magnetic Therapy • T.E.N.S. Units • E.M.S. Units • Theracane • Thumper Mini-Pro • Please use coupon code BLUE for the discount.
MyMobility Ltd.	15% off Mobility Scooters • 20% off Wheelchairs • 15% off Medical beds • 15% off Liftchairs • 20% off Rollators • 20% off Walkers • 20% off Bath aids • 20% off Pressure Prevention • 20% off ADL Products • *Blue Cross members receive a 7 day return policy on all products
Nipro Diagnostics	Ask for a Free TRUEresult Blood Glucose Meter and save up to \$11.50 off co-pay* for each purchase of 100 TRUEtest test strips, using the Blue Advantage TRUEtest Test Strip Co-Pay Assist Savings Card. (*Co-pay is the amount not covered by the insurance plan and includes the dispensing fee) • Download your Blue Advantage TRUEtest Test Strips Co-Pay Assist Savings Card . • **This discount is not available in the province of Quebec.
Pharmathera	10% on Supports and Braces 10% on Compression Stockings and Garments 10% on Post-Surgery Garments 10% on Wigs and Headwear For Cancer Patients and Alopecia 10% on Daily Living Aids 10% on Luzern and Mary Cohr Professional Skin Care Products 5% on Selected Home Healthcare Products: Mobility Aids Bathroom Safety • Redeem your discount online at www.PharmaThera.com ! Enter at checkout the Promo Code or order by phone at 1888 904-1888. To get the Promo Code, please send a copy of your Blue Cross Card by e-mail at info@pharmathera.com
Philips Lifeline	Receive FREE installation when you call and subscribe to the Lifeline Service (\$89.95 value). • Quote Code XX854 • Available through Victoria Lifeline in Manitoba
SafeTracks GPS Canada Inc.	20% discount on TRiLOC™; • 15% on BLUEBEACON™; and PRIME MOBILE
Scootaround Mobility Solutions	10% discount on rental orders in North America. • Discount valid for rentals of 14 days or less. Discount not valid for cruise rentals.

VitalAire	CPAP accessories - 15% off • 2nd mask and subsequent mask purchases - \$20 off • FREE cleaning wipes with purchase • FREE CPAP data download, equipment and service check. * Where permitted by funding body
Wellwise by Shoppers Drug Mart	10% off current regular retail priced merchandise purchased online at www.wellwise.ca • Please use discount code BA10 • Exception: • Subscriptions • We currently do not have an online store specially designed to meet the needs of our shoppers in Quebec, however, we do support orders placed elsewhere in Canada to be shipped to Quebec.
<i>Nursing Services</i>	
Accès Services Santé	15% discount on any services provided by a home care attendant: aid and assistance services, companion services, infant care • 5% discount on any nursing and practical nursing services: care, specialized care and post-partum care • *All discounts are also offered to parents, children and dependants of Blue Cross members.
Bayshore Home Health	Discounts available on the following services, and cannot be combined with other promotions or discounts. Please call the specific location, for more information. • In-home Nursing and Home Support Services • Companion Plus Program • Pediatric Home Care • Personal Care • Registered Nurse Practitioner (RN) Services • Registered Practicing Nurse (RPN) Services • Personal Support Worker (PSW) Services
CarePlus	FREE Needs analysis on Home Care assistance and hygiene services: personal hygiene care, help with meal preparation. Help for getting up in the morning and for bedtime, assistance with activities and more. • -50% on your first travel consultation. • -20% on psychosocial services: psychologist, social worker, brief therapy, stress, anxiety and depression management. • -15% on in home blood tests and screening services.
Retire-At-Home Services	All services 15% off • Our comprehensive services encompass personal care, home support, companionship, nursing care, dementia care, and much more! • *The discount is available at participating Retire-At-Home locations.
<i>Other Health Services</i>	
Action Sport Physio	Enjoy preferential rates on physiotherapy evaluations. • (This offer excludes people subscribing to CSST and SAAQ)
Allen Carr's Easyway To Stop Smoking	30% off Allen Carr's Easyway to Stop Smoking Paperback or audio book • 25% off Allen Carr's Easyway to Stop Smoking Ebook
Cappino Physiotherapy and Wellness Center	Enjoy preferential rates on physiotherapy evaluations • \$10 off a consultation with a dietitian • \$10 off an evaluation with an osteopath or an acupuncturist • (This offer excludes people subscribing to CSST and SAAQ)
CarePlus	FREE Needs analysis on Home Care assistance and hygiene services: personal hygiene care, help with meal preparation. Help for getting up in the morning and for bedtime, assistance with activities and more. • -50% on your first travel consultation. • -20% on psychosocial services: psychologist, social worker, brief therapy, stress, anxiety and depression management. • -15% on in home blood tests and screening services.
Clinique de réadaptation Rosemont	15% off physiotherapy assessments • 15% off ergotherapy assessments • (This offer is not valid for those registered with CSST and SAAQ)
Clinique Sommeil et Santé	CPAP / BiPAP machines: 10% discount up to a maximum of \$100.00 • Polysomnography (Complete in lab or Ambulatory (home)): 15% discount up to a maximum of \$100.00 • Mask / Interface: \$20.00 discount on nasal and \$25.00 discount on full face mask
Concept Santé Mexa	15% rebate on start-up package (\$467 instead of \$549) • This package includes: • a genetic test, a blood test and an electrocardiogram • a meeting with a doctor • a consultation with a kinesiologist • a consultation with a nutritionist • This rebate does not apply to the Mexamax and Mexaflex programs.
Direct Alert	Blue Cross members will receive from Direct Alert one month free monitoring upon the purchase or rental of a Direct Alert system. Please use coupon code DA68767

HealthMedica Canada	Free chiropractic initial examination including X-rays, if necessary (valued at \$150). • Chiropractic Care 20% off. • Custom Foot Orthotics 20% off. • Spinal Decompression Therapy 20% off. • Laser Therapy 20% off. • Bracing 20% off. • TENS units 20% off. • Compression Hosiery 20% off. • DNA Testing 20% off • Free Gait Scan Analysis • Services/products may not be available at all locations. Please confirm with location
Medisys Travel Health and Vaccination Clinic	Obtain 20% off your next travel health consultation. • To take advantage of this special pricing, please mention account number 19619 when you call to make your appointment. • (discount does not apply to vaccines or products)
Medvue Medical Imaging	MRI exam - \$100 off • • Note: One discount is applicable per patient, per visit. A doctor's requisition is required to perform an MRI.
OSR Medical Laboratories	15% discount, maximum \$100 per category of service on all diagnostics tests at our labs and collection centres, accredited by Accreditation Canada: Blood and Urine analysis: Microbiology, Hematology and Biochemistry Sleep labs: In lab and at home overnight sleep study and Full EEG polysomnogram –AASM Accredited laboratories Cardiovascular tests: Holter-ECG monitoring, Cardiac stress test, ABPM Respiratory physiology: Spirometry, broncho-provocation challenge test
Philips Lifeline	Receive FREE installation when you call and subscribe to the Lifeline Service (\$89.95 value). • Quote Code XX854 • Available through Victoria Lifeline in Manitoba
Plexo Inc.	Get 20% off on a travel-health consultation • (This offer does not apply to vaccines and other products). • Get 10% off on radiology examinations • Radiology examinations are only available at the clinic located at 6100 du Boisé Avenue, Montreal. • Plexo has two travel-health clinics: 6100 du Boisé Avenue, Montreal and 4205, 4th Avenue West, Québec City.
Radiologie Varad	10% off magnetic resonance imaging exams (MRI) • 10% off computerized tomography exams (CT scan)
RocklandMD	15% off type I health assessment • 15% off type II health assessment • No annual membership fees
Senioropolis Inc.	Retirement Home Search and Transition Support • Blue Advantage Members will have the following discounts available to them: Free initial phone consultation A 15% discount on our Telephone Consulting Fee. This involves a full needs assessment, analysis, search and recommendations of seniors' residences that meet their needs. Results will be provided by email. Standard fee is \$275 + tax. After the Blue Advantage discount the fee is \$233 + tax. A 28% discount on our In-Person Consulting Fee (available ONLY in Greater Toronto, Montreal, Vancouver and Ottawa). A Senior Advisor will meet with the family in person 5 times. A first meeting will involve a full assessment. A second meeting will present the family with options where choices will be narrowed down to the top 3 that seem to be a best fit. Advisors will organize and attend tours with the family of these 3 places. The family will be supported through the entire process. If other services are required (e.g. movers, downsizers, real estate agents) recommendations can be provided. Standard fee is \$550 + tax. After the Blue Advantage discount the fee is \$395 + tax.
Serespro	15% discount on initial assessment - Regular physical therapy, pelvic floor Physiotherapy, occupational therapy, speech therapy, psychology and neuropsychology (This discount does not include tutoring and family coaching) • 10% discount - Follow-up services offered after an initial evaluation or • for any regular follow-up requests or home treatments. (This discount does not include tutoring and family coaching) • 5% discount - Tutoring and family coaching, remedial teacher • The following services are available at home in any region of Quebec and at our Montreal office: Tutoring - Speech therapy - Psycho-education - Physiotherapy Occupational therapy – Nutrition – remedial teacher – Kinesiology - Family coaching Psychology and neuropsychology services are only available in Montreal, in our offices.
ViaMedica Medical Center	15% off magnetic resonance imaging exams (MRI) 15% off computerized tomography exams (CT scan) 15% off Ultrasound exams
VM Medical	15% off all private radiology services All magnetic resonance imaging exams (MRI) All ultrasounds • 15% off all medical imaging products PET/CT scans CT scan examinations with or without injection of a contrast medium Nuclear medicine examinations including: Bone scintigraphy Myocardial perfusion scintigraphy Thyroid scintigraphy Etc. Virtual colonoscopy

Other Services

Campus Discount	Best subscription rates to your favourite newspapers and magazines. • Save \$3 if you take a second subscription or a two-year subscription. Save \$8 if you take four subscriptions.
Centre de Consultation Juridique	Benefit from preferential hourly rates from Centre de Consultation Juridique accredited lawyers.
Medisys Travel Health and Vaccination Clinic	Obtain 20% off your next travel health consultation. • To take advantage of this special pricing, please mention account number 19619 when you call to make your appointment. • (discount does not apply to vaccines or products)
Senioropolis Inc.	Retirement Home Search and Transition Support • Blue Advantage Members will have the following discounts available to them: Free initial phone consultation A 15% discount on our Telephone Consulting Fee. This involves a full needs assessment, analysis, search and recommendations of seniors' residences that meet their needs. Results will be provided by email. Standard fee is \$275 + tax. After the Blue Advantage discount the fee is \$233 + tax. A 28% discount on our In-Person Consulting Fee (available ONLY in Greater Toronto, Montreal, Vancouver and Ottawa). A Senior Advisor will meet with the family in person 5 times. A first meeting will involve a full assessment. A second meeting will present the family with options where choices will be narrowed down to the top 3 that seem to be a best fit. Advisors will organize and attend tours with the family of these 3 places. The family will be supported through the entire process. If other services are required (e.g. movers, downsizers, real estate agents) recommendations can be provided. Standard fee is \$550 + tax. After the Blue Advantage discount the fee is \$395 + tax.
Pharmacy	
Diabetes Express Inc.	Free shipping if Member transfers prescription to Diabetes Express Pharmacy • If Member does not transfer prescription, provide free shipping if order is over \$150.00 or Member orders at least two (2) months of prescriptions • Match or beat any price across Canada • Fill all blister packing for Members • Provide newsletter to those Members who have purchased supplies
Vision	
Clearly.ca	10% off any purchase of contact lenses • Free standard shipping • 25% off all eyeglass frames • Free base lens • Free standard shipping • Excluded Brands: Clearly Standard, Bolon, Ray-Ban, Oakley, Amette. Other brands may be included to this list at any time. • Discount code: BLUECROSS19 • Visit their website for terms and conditions .
Contact Lens King Inc.	Blue Cross members qualify for a special discount of 15% on all purchases. Use coupon code BC888 at checkout. Only Canadian based Blue Cross members are eligible for this Blue Advantage offer. • Visit their website at www.contactlensking.com and shop in the comfort of your home or office.
ContactsExpress.ca	Up to 70% off the manufacturer's suggested retail price plus an additional 10% off for Blue Cross members. Free shipping on orders over \$119. Use the coupon code "BLUE".
IRIS, The Visual Group	Get twenty percent (20 %) off on regular priced complete eyewear, frames, ophthalmic lenses, sunglasses and conventional contact lenses. • The twenty percent (20%) discount offered through the IRIS Corporate Program can not be combined with any other offers or promotion already in effect. The discount is not applicable towards the purchase of IRIS glasses package, safety eyewear, contact lenses (disposable or frequent replacement). Not applicable on professional services and procedures. • IRIS WARRANTY covers damages for 2 years • Contact Lens Adaptation Guarantee 60 Days
LASIK MD	Custom LASIK A rebate of 20% on a Custom LASIK procedure, up to a maximum of \$200/eye.* • Free, no-obligation consultation. • The lowest prices, guaranteed.† • Free Vision Enhancement Plan. • Offer available to all members, spouses, and eligible dependants. • PresbyVision™; Save up to 20% on a PresbyVision™ procedure, up to a maximum of \$500/eye.** • PresbyVision™ is designed to treat presbyopia, an age-related eye condition that makes up-close reading vision more difficult. • Free, no-obligation consultation. • The lowest prices, guaranteed.† • Free Vision Enhancement Plan. • Offer available to all members, spouses, and eligible dependants.
VERIFEYEWEAR	30% off a complete pair of eye glasses. Use promo code BC2016

Provider information is provided solely for the purpose of advising our members of savings currently available. It is not our intention to suggest preference for any particular product or company. Responsibility for the product and final cost remains solely between the member and the provider. Providers are not required to provide the Blue Advantage discounts to members or their dependents on products that are subject to other special sales or coupon promotions at the time of purchase. The list of providers and/or the type of savings available are subject to change without notice. For the most current information contact the store directly or visit www.blueadvantage.ca. Only Blue Cross can change the information in this document. Any other modification is strictly prohibited.