

One Great Brand

TWO INCREDIBLE WAYS TO GET STRONGER

For over 25 years, Curves has been helping strengthen women around the world with a 30-minute workout that combines strength training, cardio, and stretching. Now you can experience the benefits of improved strength, flexibility, and balance, too! Join Curves and live the life you want!

Curves

myCurves

ON DEMAND



- ✓ Experienced & Professional Coach at Every Workout
- ✓ One-on-One Monthly Coaching Session Included
- ✓ Safe & Effective Machines Designed Especially for Women
- ✓ Supportive Community of Women
- ✓ Variety of Specialty Classes
- ✓ Locally Owned and Operated

Group: **MEDAVIE BLUE CROSS**

Plus
NO
enrollment
FEE*

Join Now and Get Your First
30 DAYS FREE!
with annual membership

*Monthly membership fees required and vary by location. Valid only with 12-month recurring billing fitness membership. Offer expires 12.31.21, first month's fee waived. Valid at participating locations only. Cannot be combined with any other offer or discount. No cash value.

- ✓ Developed by Curves Program Experts
- ✓ Led by Curves Coaches – Real Women Just Like You
- ✓ New Content Updated Monthly
- ✓ Available Anywhere, Anytime on Your Favorite Device
- ✓ Safe, High-Quality Resistance Band Shipped to Your Home

Click **Get Started** > **Pick Your Plan**
> **Create Your Account** *Promo Codes*
are Applied at Checkout

Plus
10%
off
your monthly
FEE**

Log in to Activate Your
FREE MONTH!
ACCESS CODE: **MEDAVIE**

*First month charge is \$49.99 USD and includes the resistance band. Second month is free. Monthly charge \$22.49 USD thereafter, if the subscription is not cancelled prior to the end of the 60 days. Sales tax will be added and varies by location. Open to new and existing customers. Cannot be combined with other offers. Outside the US, charges will be based on current currency rates. For full terms and cancellation go to <https://www.mycurvesondemand.com/page/terms-of-service>.

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